

How to Navigate Feeling Unsettled About a Decision in 6 Steps

As a leader, when you are unsettled about a significant ministry decision, you have two choices:

- 1) Remind yourself why you made the decision in the first place and carry on, or
- 2) Delve into your doubts and see if God is laying out a new understanding.

Here's how to wrestle down thoughts about waffling as a leader.

- 1. Acknowledge it.** It's tempting to squelch your doubts about a decision that's already been made. Besides feeling like you're wavering as a leader, you're asking your team to invest time into rethinking it. But owning your uncertainty is the first step toward determining if it has merit.
- 2. Pray about it.** Your unsettledness is coming from one of three sources—the Lord, the enemy, or your own self-doubt. As you talk with God about it, He'll either quiet your concerns or confirm them.
- 3. Unpack it.** Pull out pen and paper and begin to sort through your doubts. List them. Categorize them. Identify the sticking points. Doing this will pinpoint the main problems with your current direction.
- 4. Envision the new.** Prayerfully contemplate a revised version of your current direction or even a complete change of direction. The same God who stirred the issue in your spirit knows the pathway forward.
- 5. Seek counsel.** Run your thoughts past trusted associates—a small, confidential focus group or a spiritual advisor for your ministry. Outside perspective will shed additional light on a new direction.
- 6. Garner your team's input.** As key shareholders, your leadership team and board will have the deepest understanding of both the current decision and the prospective new decision. Lay out your thoughts and listen closely to their responses. Through prayer and discussion, shape the new direction together.

■ *When you feel unsettled, it's God's way of prompting you to press in for His best." –Lisa Hosler*

If you're the senior leader at your ministry, God will often entrust a burden of unsettledness to you. It's His way of saying, "Hey, this thing is off a bit. Spend more time with Me and your team to find My way forward."

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